

Pos	Athlete	Race	Gender	1 km	2 km	3 km	4 km	5 km	6 km	7 km	8 km	9 km	10 km	Pace(min/100m)
1	Grith Sigsgaard	10 km van Volendam 2024	F	0:13:44	0:28:01	0:42:18	0:56:53	1:11:56	1:26:52	1:42:19	1:56:59	2:11:47	2:26:36	1:27
2	Cynthia Koolman	10 km van Volendam 2024	F	0:13:43	0:27:45	0:41:40	0:56:14	1:10:48	1:25:43	1:40:46	1:55:57	2:11:16	2:26:54	1:28
3	Albert Stienezen	10 km van Volendam 2024	M	0:14:28	0:29:21	0:44:33	1:00:07	1:15:36	1:31:07	1:47:06	2:03:07	2:19:34	2:36:09	1:33
4	Jeroen Hoffer	10 km van Volendam 2024	M	0:14:57	0:30:16	0:47:26	1:03:25	1:20:53	1:36:33	1:53:12	2:09:10	2:26:23	2:43:01	1:37
5	Xander Verberkmoes	10 km van Volendam 2024	M	0:15:29	0:32:23	0:48:19	1:06:24	1:24:44	1:40:59	2:00:13	2:14:58	2:33:04	2:48:17	1:40
6	Freek-Jan Kossen	10 km van Volendam 2024	M	0:14:55	0:30:14	0:47:24	1:03:23	1:21:03	1:37:43	1:56:41	2:13:41	2:33:31	2:50:13	1:42
7	Marlies Vreeswijk	10 km van Volendam 2024	F	0:16:19	0:32:57	0:50:22	1:07:06	1:23:42	1:41:46	1:58:50	2:16:46	2:33:59	2:51:17	1:42
8	Gijs Eijhusen	10 km van Volendam 2024	M	0:15:27	0:32:20	0:48:16	1:06:38	1:24:58	1:41:29	2:00:48	2:18:02	2:37:53	2:57:09	1:46
9	Mark vd Meulen	10 km van Volendam 2024	M	0:15:24	0:32:17	0:48:22	1:06:34	1:24:54	1:41:24	2:00:40	2:18:05	2:37:49	2:57:13	1:46
10	Alex Schilder	10 km van Volendam 2024	M	0:15:45	0:32:19	0:49:34	1:13:57	1:32:02	1:50:40	2:09:22	2:31:03	2:50:10	3:09:24	1:53
11	Rianca van der Linden	10 km van Volendam 2024	F	0:17:54	0:36:24	0:55:38	1:16:16	1:35:42	1:56:23	2:17:05	2:38:58	2:59:52	3:21:13	2:00
12	Danielle den Backker	10 km van Volendam 2024	F	0:19:03	0:40:33	1:00:37	1:21:10	1:41:48	2:03:09	2:23:28	2:45:03	3:06:51	3:28:12	2:04
13	Andreas van Petersen	10 km van Volendam 2024	M	0:16:45	0:34:20	0:52:32	1:11:31	1:31:53	1:54:29	2:20:53	2:45:15	3:09:47	3:31:49	2:07
14	Martijn Westers	10 km van Volendam 2024	M	0:18:23	0:38:27	0:58:44	1:20:37	1:41:57	2:02:37	2:25:31	2:49:09	3:11:16	3:35:19	2:09
15	Monica Bakker	10 km van Volendam 2024	F	0:19:05	0:39:37	1:01:43	1:24:04	1:45:42	2:09:33	2:33:11	2:54:35	3:16:29	3:37:44	2:10
16	Sander Komen	10 km van Volendam 2024	M	0:14:52	0:30:10	0:47:29	1:03:31	1:21:54	1:39:37	1:58:47	2:17:37			
													Total tijd	
17	Daan van Petersen	10 km van Volendam 2024	M	0:20:18	0:43:02	1:06:27	1:34:06	2:01:17	2:34:12	3:05:15	7700 meter	3:27:31		
18	Sander Vet	10 km van Volendam 2024	M	0:15:32	0:32:27	0:48:46	1:06:48	1:26:39	1:45:08	2:11:50	7400 meter	2:24:23		
19	Remke van Staveren	10 km van Volendam 2024	F	0:26:58	0:56:15	1:27:38	2:01:28	2:33:37	3:06:51	3:41:15	7100 meter	3:44:37		